

Duty Six: Red

Approx Time	Activity Description	Equipment Required
4:30	Inspection: How were you Sun smart today? Opening Ceremony	Nil
4:40	*Zinc Tag One cub is it and must try to tag others with 'Zinc cream' (chalk) but marking them on the back.	Coloured chalk
4:50	Shark Infested Water Cubs sit in a circle with legs under tarp with shoes off. One Cub is the shark underneath the tarp, the other is the lifesaver who roams around the outside. The cubs wriggle their arms under the tarp and the shark tries to drag them under. They must call to the lifesaver for help before the shark drags them in. Swap sharks when they've taken 2 cubs.	Large blue tarp
5:05	Slip, slop, slap Teams in corners with a chalk circle. In the middle of the hall are 3 sets of each item. Leader calls a number and that numbered cub must run in and take one item only back to their team. They can then get another etc. The aim is to get a full set of items.	3 x T-shirt Sunscreen Sunglasses Hat
5:15	Shallow End 2 teams sit in lines on the floor. They must try and pass the ball down the line using only their feet.	Inflatable ball per team
5:20	Lifesaver Relay In relay formation, first player walks up with toothpick in mouth, scoops up a lifesaver and brings it back to team. Next person continues until team is finished.	Packets of Lifesaver lollies
5:30	Rescue Boats Cubs cut boats out of ice-cream container lids. To race, place in water, add a drop of detergent to the rear. https://sciencebob.com/build-a-soap-powered-model-boat/	Ice-cream container lids, scissors, detergent, water trays
5:45	Rescue Sixers practice bowlines by rescuing their drowning Six. Throw rope to Six member and drag them in across the floor.	Long ropes.
5:55	Closing Ceremony Prayer Notices: Badges:	

* Can be played outside