PREPARATION: Black plastic on hall floor, gross facts hung around room.

Approx Time	Activity Description	Equipment Required	Leaders
4:30	Opening Ceremony Inspection: Scarf/Uniform	Nil	All
4:40	* Road Kill Frisbee In 2 teams. One team each has a 'goalie' who stands in a circle holding a baton. Teams have must throw frizbee between them & try to score a goal by throwing the frizbee over the goalies baton. If you have the frizbee in your hand you must stand still & throw to someone else. If the frizbee hits the ground it is passed to the opposition.	Cut out 'road kill' with hole in the middle, 2 batons Witches Hats	Rikki
4:50	*Knotting Cubs to tie knots in cold spaghetti – try & make a long circle linked by reef knots	Cold Cooked Spaghetti	Akela
5:00	Nose Picking Relay At one end of the hall are laminated pictures of famous people with their noses cut out. The noses are in a separate container full of goo. In relay formation each team must run up, pick a nose & match it to the correct picture.	Laminated pics, cut out noses, bucket of green goo	Chil
5:10	*Senses Test Each cub places hands into a container of goo & guesses what object is inside. They also have to identify 4 smells.	4 objects in goo 4 smells on cotton wool in container	Chil
5:20	*Slime Each cub gets to make some slime & take home in zip lock bag	Cornflour, small zip lock bag, colouring	All
5:35	Gross Sandwiches – a 'trust' exercise Cubs blindfolded with partners. Instruct partner to assist blindfolded person to make a sandwich – without touching them. Must have a minimum of 4 fillings. After all finished, blindfolded person gets to feed their partner (tell them this afterwards).	Blindfolds, bread, odd sandwich fillings: sultanas, vegemite, choc topping, grated carrot, jam, grated apple, cornflakes, choc bits, sauce.	All
5:50	Cat Food Leaders eat 'cat food' from tin and invite others to join in.	Prepared 'cat food' tin, forks	All
5:55	Closing Ceremony		

^{*} Can be played outside

Gross Night Shopping List

Road kill Frisbee	cardboard cut-out squashed cat	
Knotting	Cold cooked spaghetti strands	
Nose picking relay	Laminated pics of faces with noses cut out	
	Snot slime	
Senses Test	Gelli Baff	
	Crate	
	5 feely objects	
	4 different smells on cotton wool	
Slime	Cornflour	
	Large bowl	
	Green food colour	
	Zip lock bags	
Gross Sandwiches	Blindfolds	
	Bread	
	Sandwich filling suggestions:	
	Sultanas Vegemite	
	Choc topping Grated carrot	
	Jam Grated Apple	
	Choc bits Cornflakes	
	Sauce Custard	
	Mashed banana	
Cat Food	Take real cat food tin and remove label. Cut	
	tin in half and remove contents. Sterilise	
	clean. Fill both halves with hedgehog slice	
	recipe minus cocoa but double butter (looks	
	like gluggy congealed cat food). Stick both	
	halves of tin back together and replace label	
	to look like a brand new tin of cat food.	
	Mashed mars bar also looks similar.	