



Joey Mob Program Planner

Attendance:

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Attendees / Total

Theme	Sun Safety	Meeting	Care	Date	
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Time	Activity	Leader	Equipment Required etc.
0.00	Opening parade: HOP		Flag
0.05	Game: Slip Slop Slap Wrap		Nil
0.10	Craft: Making a Chinese hat		Cardboard, scissors, glue or staples, pencils to decorate.
0.20	Game: Slip Slop Slap Obstacle		Zinc, shirts, hats, obstacles (beach umbrellas, eskys, inflatable toys)
0.25	Story: Bindi at the Beach / discussion		Story attached
0.35	Activity: Bobsledding		Ice, plastic sheet, rope, towel
0.50	Game: Do this, do that		Nil
0.55	Closing parade: Promise		Flag, prayer, notes.

General Comments

Coming in Activity: Sun Safety Puzzles

Note: Parents need to be warned their child may get wet this week. Maybe put swimmers on under their JS uniform or send along a change of clothes / towel.

Birthdays:

Next Week:

Notes:

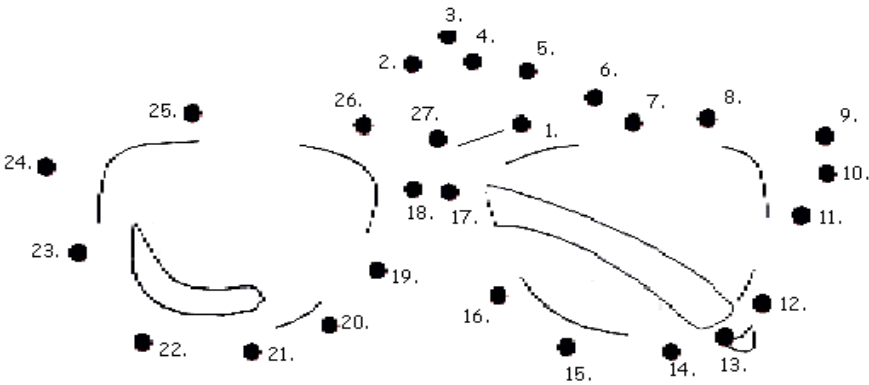
Coming in activity: JOEY SCOUT SUN SAFETY PUZZLES

Find a word	Q	P	W	K	S	K	I	N	M	Y	L	Z	E	X	N
COVER	D	E	R	Q	L	I	J	K	H	A	T	P	O	L	S
SKIN	A	Q	J	S	U	N	B	U	R	N	G	A	P	P	H
SLAP	W	Z	A	M	T	S	K	H	R	R	Y	K	Z	A	B
HAT	G	G	U	Q	S	S	U	N	B	L	O	C	K	R	V
SLIP	S	M	T	S	F	M	Y	X	X	C	P	Y	R	W	F
SLOP	M	V	S	C	O	V	E	R	I	I	A	H	I	L	S
SHADE	N	A	H	L	K	E	F	U	E	A	L	N	Y	N	W
SUNBLOCK	G	M	I	W	J	S	B	Z	W	O	S	I	B	Z	H
SUNBURN	T	D	R	L	L	S	U	N	G	L	A	S	S	E	S
SUNGLASSES	U	P	T	Z	A	Z	S	L	I	P	R	Q	N	V	U
TSHIRT	Q	X	E	D	A	H	S	M	V	K	A	L	W	Q	G
WRAP															

It is important to wear a wide brim hat for maximum protection from the sun.
Circle the suitable hats.



Join the dots to discover an important sun protection device.



Game: Slip Slop Slap Wrap (ship, shore, deck)

Equipment: Nil

Method: JS respond to calls by the leader:

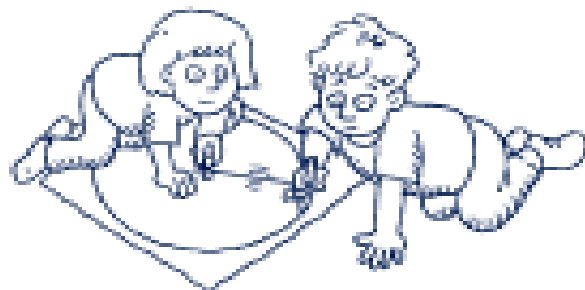
Hats	Form a hat over the head with their arms
Sunscreen	Rubbing action on face
T Shirt	Sit down and pretend to put on a T Shirt
Sunglasses	Shape with hands and put over eyes
Sunburn	Fall on the ground and scream with pain
Midday	Run to the shade
Sun's moved	Come out to play

Craft: Making a Chinese hat

Equipment: Cardboard, scissors, staple or glue, and stuff to decorate.

Method: If you use yellow cardboard, the JS can decorate with flames on the edge to look like a sun. Then you would have a sunhat.

① Trace, or draw a circle from something in your room.



② Cut the circle out.



③ Fold it in four.



④ Cut along one fold.



⑤ Decorate it.



⑥ Overlap the cut edges to form a cone.



⑦ Staple, or glue in place.



⑧ Attach a chin strap if desired.

Game: Slip Slop Slap Obstacle

Equipment: Zinc, oversized shirts, hats, obstacle course. (This could be made using beach umbrellas, eskys and inflated toys etc.)

Method: The JS are formed into small teams. The first JS then puts on the shirt and hat and runs the obstacle course. At the end the Leader puts a dab of zinc cream on the child's nose. The child then returns via the obstacle course and removes the shirt and hat for the next person.

Story: Bindi at the Beach

Bindi was awake one morning by shouts of glee, Mum and Dad Are taking us on a visit to the beach. So they packed their swimmers and hats with a brim and raced out to the car wearing a grin.

They arrived at the beach before the sun was too hot, put their belongings under a tree in a safe spot. Wentworth and Matilda stood with swimsuits on and faces whitened with sunscreen slapped upon.

They slipped off their thongs to put with their bags and looked on the beach for safety bathing flags. Then taking Bindi's paws in each of their hands helped her to hop over the soft sinking sands.

When they reached the water they came to a stop because Bindi found she could no longer HOP. The feel and the sound of the waves filled her with awe she had never felt or seen anything like it before. "Is it alright?" said Wentworth "We will take care of you our Joey Scout Leader has taught us what to do – We all stay together so no one gets lost, we stay where it is shallow so we will not get all tossed"

They played for hours in the surf and sand Mum and Dad helped build a sandcastle quite grand. They ate their lunch in the shade of the trees then cleaned up their mess which made Mum and Dad pleased!

The trip in the car was restful and quiet swimming in the water can make you feel tired, because you have been good, there is a special treat for you tomorrow we will take you to the zoo!

Discussion: What sun safety precautions did Bindi and her friends take?

Note: You should cover slip slop slap wrap and shade. They went early in the day and stayed under the trees in the hottest part of the day having lunch. They wore sunscreen and hats. They also swam between the flags, stayed together and took their rubbish (cleaned up).

Activity: Bobsledding

Equipment: Plastic ground sheet (this would be best if you have a small hill or decline), ice blocks (you can make these in ice cream containers), towels, and rope.

Method: You lay the plastic down on the ground, if you have a decline or hill you may not need the rope. Place a towel on the block of ice, the JS sits on the towel and slides along the plastic sheet. Wetting the plastic helps and if you are working on the flat then detergent may help and a rope. Ask two parents to hold the ends of the rope. The rope lies across the plastic. The JS holds on to the middle of the rope and the parents on each side pull the JS along or gets them started.

Alternatively: You could make smaller blocks of ice in butter dishes and play ice hockey on the plastic mat with goals each end and rolled up newspaper bats.

Game: Do this, Do that

Equipment: Nil

Method: JSs spread out so that all can see the Leader. Leader says *do this* and does a sun safety action eg. Slap on sunscreen, Slop on a hat, slip on a shirt, wrap on some sunnies, shade yourself under a tree. JSs must repeat the action. Leader says *do that* and performs an action; JSs must not move when *do that* is said. If they do repeat this action on *do that* command, they must squat and count to 20 before re-entering the game.

